



ROTARYGRAM

February 12, 2019 - Vol. 102, Issue 3

This Week's Lunch Program - February 12, 2019

Our speaker is Supreme Court of the United States Associate Justice Anthony M. Kennedy (Retired).

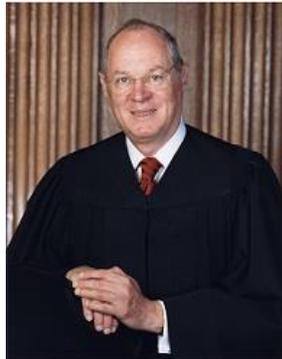
The title of his presentation is "The Rule of Law and Current Civil Discourse."

Nominated by President Ronald Reagan, Justice Kennedy took his seat in February 1988.

He had previously served on the U.S. Court of Appeals for the Ninth Circuit since 1975.

Justice Kennedy was in private practice in San Francisco (1961-1963) as well as in Sacramento (1963-1975) and served in numerous positions during his career.

Justice Kennedy retired from the Supreme Court on July 31, 2018.



(Collection of the Supreme Court of the United States)

Upcoming Events

- **Tuesday**, Feb 12, 2019 - 12noon-1:30pm: Special Weekly Lunch Program (not on Wednesday)
The Rule of Law and Current Civil Discourse - Supreme Court of the United States Associate Justice Anthony M. Kennedy (Retired)
Lunch program is part of the Rotary Large Club Conference
Queen Mary, Grand Salon (1126 Queens Hwy., 90802) **Reservations were required by February 6.**
- **Wednesday**, Feb 20, 2019 - 12noon-1:30pm: Weekly Lunch Program
Supercharge Your Brain! Keep Your Brain Strong and Prevent Alzheimer's - Dr. Susan Sklar
Queen Mary, Grand Salon (1126 Queens Hwy., 90802)
- **Thursday**, Feb 21, 2019 - 9:00am-10:00am: Rby9 CDC Book Reading: Annual Book Delivery
Colin Powell Elementary School (150 Victoria St.)
RSVP with Frank Newell
- **Thursday**, Feb 21, 2019 - 5:30pm-7:30pm: 5 Way Test Mixer (3rd Thursday/month)
Parker's Lighthouse (435 Shoreline Village Drive)
- **Friday**, February 22, 2019 - 11:30am-3:30pm: Monthly Golf Outing
Recreation Park
Sign-up with Dennis Smith (dennis@stratisfinancial.com)

Next Rotary Lunch meeting
- Wednesday - February 20-
Supercharging Your Brain!
Keep Your Brain Strong and
Prevent Alzheimer's - Dr.
Susan Sklar



Dr. Susan Sklar is a nationally recognized Harvard trained physician and a fierce health detective who believes that you can age gracefully and feel great while doing so. She believes that hormonal and other biochemical deficiencies cause humans to age and decline in ways that are not necessary or inevitable. She utilizes the cutting edge science of functional medicine to support the body to heal itself through the restoration of hormones, proper nutrition, lifestyle and appropriate supplementation.



President's
Message

One of our largest crowds of Rotarians listened to Steve Goodling, President & CEO at the Long Beach Area Convention & Visitors Bureau (CVB), wow us with his presentation about how they are changing their offerings and convention/meeting space to appeal to the needs and

After more than 25 years of experience as an Obstetrician-Gynecologist she started the Sklar Center in 2007 as a response to the unmet needs of men and women who are looking for answers to the questions of how to feel good in midlife and maintain optimum health long term.

She is certified in the Bredesen Protocol for slowing and reversing cognitive decline. Dr. Bredesen's protocol is the most well known approach for successfully tackling the problem of dementia.

This Week's Birthdays

Feb 12 - **Nelson Kerr** (Dept. of Health & Human Services, Government - Environmental Health)

Feb 12 - **Brett Lewis** (ChildNet Youth & Family Services, Non-Profit Organizations - ChildNet Youth & Family Services)

Feb 13 - **Ron Akin** (Retired, Hospital - Convalescent)

Feb 17 - **Ken Cecil** (Kenneth Cecil, CPA, Accountants - Certified Public - Accounting Services))

Feb 17 - **Tony Gales** (Rossi Doscocil & Finkelstein, LLP, Accountants - Certified Public - Taxation)

Feb 17- **Jill Rosenberg** (Coldwell Banker Coastal Alliance, Real Estate - Residential)

wants of convention and conference attendees. It was amazing to see how CVB could change the space at the Arena Ballroom to reflect many different event themes. With new lighting, seating, ability to change space size and to decorate the specific needs of their clients, they can have Japanese Gardens, table games, dance floors and whatever it takes to enable the people assembled to enjoy the event. I was amazed to see the space under the Terrace Theatre, which has always looked like a dark space to avoid, turned into a dance party with pulsing lights and line dancers who were definitely having fun. Steve told us that this has turned into one of their most popular party event areas. The germ of this idea all came about as Steve watched the people who organized the TED Conference in Long Beach focus on organizing for gathering spots where people could talk during and after presentations, and how they decorated for their attendees to have fun in their own individual ways. What a success this has been already generating a significant increase in bookings and revenue for the CVB and the City.

We then celebrated the birthday of academic extraordinaire Henry Fung, and surprised Marcelle Epley, who is no longer celebrating birthdays, with the club singing Happy Birthday to her. She has such a lovely voice that having our off-key but enthusiastic serenade might have had her cringing on the inside but she was smiling on the outside.

Special Lunch - RSVP Required

As part of the Rotary Large Club Conference taking place in Long Beach, we are moving our normal Wednesday lunch meeting that week to Tuesday, February 12, at 12 noon. Approximately 135 Rotarians, representing 54 large clubs across the nation and Canada will be joining the Long Beach club for its weekly lunch. Two to three of these clubs will be sitting at each table.

Our special guest speaker will be Supreme Court of the United States Associate Justice Anthony M. Kennedy (Retired). Because of all the guests, we are extending the lunch program until 2:00pm.

As this is a special lunch reservations were required by February 6.

NO Rotary Lunch on Wednesday, February 13

Next regular Rotary lunch program takes place on February 20, 2019.

Rotarian Mark Kachigan, who won the football challenge, must rue the fact that he has so many friends in the club. Many of them came to me before the meeting to tell me of his winning and that there was an obligation to recognize him. Dennis Smith tried to explain to me the many ways that he won, but that was a lost cause with me so Mark just graciously gave the Charitable Foundation money and I did not have to explain a thing.

We had a Guest, Sha' Givens, who is running a Rotary International Global Grant in Nairobi, explain just what "Reclaiming Our Girls" is all about. Female children are often forced to undergo harmful cultural practices such as early marriage (6 years old was one she mentioned), sex trafficking, and female genital mutilation. Through emergency shelter, medical help, counseling and education they are making a difference. She received one of our rare standing ovations !

If you already have your reservations, I will see you for lunch on the 12th!

Gail #102

Rotary Club of Long Beach usually meets every Wednesday
at 12:00 noon on the Queen Mary (1126 Queens Hwy., Long Beach, CA 90802)
Club Office: 400 Oceangate, Suite 470, Long Beach, CA 90802
562-436-8181; Rotary@RotaryLongBeach.org

Visit: [Long Beach Rotary](#), [District 5320](#), [Rotary International](#), [E-Club of the West](#)

