



ROTARYGRAM

August 28, 2019 - Vol. 103, Issue 9

This Week's Lunch Program - August 28, 2019

Football Head Injuries: Principles & Actions

Ed Cunningham



Filmmaker and broadcaster Ed Cunningham, a Long Beach resident, is a former NFL player who recently resigned from announcing college football for ESPN and ABC over concern for player safety after twenty years as a radio and television reporter and commentator. Football has seen high-profile NFL players retire early, even pre-emptively, out of concern about their long-term health, with particular worry for the brain.

Chronic Traumatic Encephalopathy (CTE) is a debilitating brain disease that scientists say is caused by hits to the head. It has been discovered in the brains of more than 100 former NFL players.

Meeting starts earlier at 12:25pm

Table Networking - Sit with "New Friends"

Upcoming Events

- Wednesday, Aug 28, 2019 - 12noon-1:30pm: Weekly Lunch Program
Football: Principles and Actions - Ed Cunningham
Queen Mary, Grand Salon (1126 Queens Hwy., 90802)
Meeting starts at 12:25pm; Table Networking--sit with "new friends" and bring business cards
- Wednesday, Sep 4, 2019 - 12noon-1:30pm: Weekly Lunch Program
Stephen O'Kane - AES Alamitos
Queen Mary, Grand Salon (1126 Queens Hwy., 90802)

- Wednesday, Sep 11, 2019 - 12noon-1:30pm: Weekly Lunch Program
Chris Lowe - Shark Lab
Queen Mary, Grand Salon (1126 Queens Hwy., 90802)
- Thursday, Sep 12, 2019 - 5:00pm-7:00pm: 5 Way Test (2nd Thursday/month)
Hosted by Parkers Lighthouse and Shoreline Village Properties
- Saturday, Sep 14, 2019 - 8:00am-9:00am: Centennial Park Clean-up (2nd Saturday/month)
Entrance on E. Pacific Coast Hwy., (between Junipero and Cherry)
Contact: Robyn Gordon-Peteson
- Wednesday, Sep 18, 2019 - 12noon-1:30pm: Weekly Lunch Program
Russ Parsons - A Mosaic of Solutions for the Food Crisis
Queen Mary, Grand Salon (1126 Queens Hwy., 90802)
- Thursday, Sep 19, 2019 - 7:30am-9:00am: Breakfast Business Roundtable (3rd Thursday/every other month)
SEO Breakthrough Marketing with Nel Varenas
Polly's Pies (Los Coyotes Diagonal) - Pre-fixed Breakfast Menu - \$10 cash only
RSVP with Rayne Sherman - space is limited

**Next Rotary lunch meeting -
Wednesday - September 4 -
Stephen O'Kane - AES
Alamitos**



Stephen O'Kane is Vice President of AES Alamitos Energy and Manager of Sustainability and Regulatory Compliance. Earlier this year construction was begun to install new air-cooled generators to replace the existing six ocean water-cooled ones on site. A battery storage facility in a nearby area is also under construction. The major incentives for building the new plants are environmental, as advanced technology allows air to cool the gas-fired generators, and for added reliability to provide enough electricity regionally.

This Week's Birthdays

Aug 28 - **Brandon Hovard** (City National Bank, Banking)

Aug 29 - **Kevin Tiber** (F& M Trust Co., Banking - Trust Services)

Aug 30 - **Dale Whitney** (Retired - Clergy)

Aug 31 - **Don Snyder** (Port of Long Beach, Maritime - Harbor Management)

Aug 31 - **Don Trojan** (Trojan & Company Accountancy, Accountants - Certified Public - Accounting Services)

Election Committee - Ballot #1

On September 3 we will be emailing and mailing out Ballot #1 for you to select 7 Rotarians to serve on the Election Committee. The Election Committee will eventually elect President #107 who will serve during FY 2022-2023. Please return your ballot so that it can be counted at the September 25 lunch meeting---this means if you mail your ballot, allow enough time for it to arrive in the mail on September 24. You can also vote at the September 25 lunch meeting by 12:30pm for your vote to be counted.

New Member Introduction

Philanthropy - Pickle Ball - Phenomenal is how Sponsor Denise Dahlhausen thinks of new member, Julie Meenan. As Executive Director of the Josephine S. Gumbiner Foundation for 30 years,



**President's
Message**

WOW! Those CSULB students were amazing. They were articulate, smart, clever, innovative and down right enthusiastic about their field of exploration. And Enthusiasm is Contagious. I almost (I said "almost") want to go back to school and study engineering. Naw.

But what I really enjoyed seeing was your warm response to these "kids". So many of you greeted them after their presentation and offered advice, business cards, connections. The fact that people of your caliber took interest in those students and their endeavors will be a lasting memory. You Rotarians Are Rock Stars!

Our program on Wednesday should be interesting and perhaps controversial. How do you get folks to see, or even merely listen to, an unpopular perspective on an American Institution like tackle football? 60 Minutes this week featured Tim Green, former NFL player with the Atlanta Falcons who has been diagnosed with ALS (Lou Gehrig's Disease). Tim said he believes there is a connection between his diagnosis and the hard hitting football he loved so much.

Long Beach Rotary certainly has its pulse on things when our speaker has something in common with CBS's 60 Minutes! Come hear what Ed Cunningham has to say.

Mollie B. #103

Julie was one of the founders of The Long Beach Nonprofit Partnership--her first legacy. And as her 2nd legacy, she is launching *Long Beach Gives* on September 19, a community-wide program introducing Millennials into community charitable giving. Her co-sponsor is Judy Ross.



Rotary Club of Long Beach usually meets every Wednesday
at 12:00 noon on the Queen Mary (1126 Queens Hwy., Long Beach, CA 90802)
Club Office: 400 Oceangate, Suite 470, Long Beach, CA 90802
562-436-8181; Rotary@RotaryLongBeach.org

Visit: [Long Beach Rotary](#), [District 5320](#), [Rotary International](#), [E-Club of the West](#)

